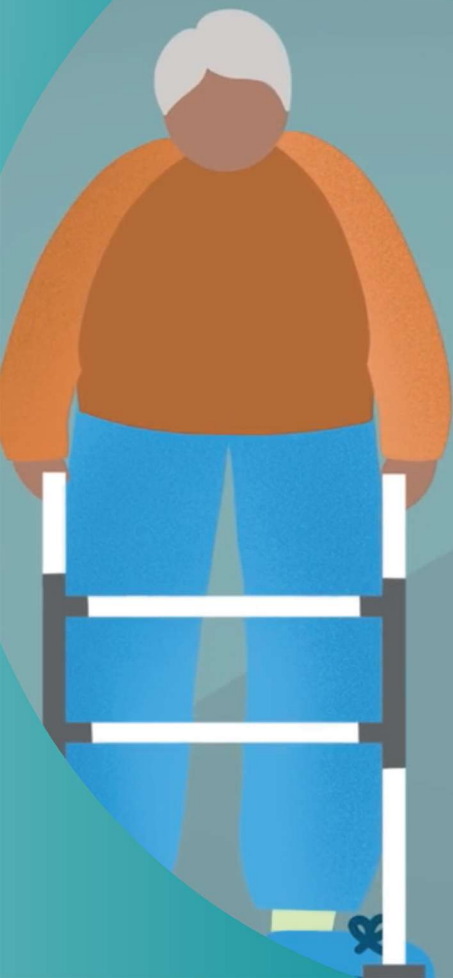


THINKING ABOUT AN ASSISTED LIVING RESIDENCE?

santemc-homecare.ca



Québec 

As you age, you may experience health problems that require the services of an assisted living residence.

INFORMATION AND SUPPORT

Depending on where you live, the process for choosing and moving to an assisted living residence varies.

Your local health and community services and community organizations can provide you with information about:

- Different types of resources available to you in the private sector and in the public sector.
 - Semi-autonomous
 - Intermediary resources
 - Long-term care facilities
- Costs and services offered.
- Available resources in your area that offer the required services.
- Provincial registry for private assisted living residences that you can consult.

IT IS TIME TO THINK ABOUT IT IF:

- You can no longer live safely in your home.
- Your caregivers are exhausted or absent.
- Services offered by home care and community organizations are no longer able to meet your needs.



A SOCIAL WORK PROFESSIONAL WILL:

- Assess your health, your level of autonomy and your finances in order to determine the type of assisted living that would be the best for you.
- If the private sector can fulfill your needs, provide a list of the available resources in your area that offer the required services.
- If you are oriented to the public sector, accompany you and your loved ones throughout the process and offer emotional support.
- Ensure that you receive the necessary services to maintain you safely in your home while you wait for your new accommodation.
- Organize respite or an emergency placement when required.



Visit us at
santemc-homecare.ca



Homecare services in your area:

CLSC Samuel-de-Champlain

(Champlain Area)
450 462-5180, Ext 0

CLSC de la Vallée-des-Forts

(Haut-Richelieu–Rouville Area)
450 358-2578, Ext 4257 (health)
450 358-2578, Ext 4185 (psychosocial)

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